



## **MEETING NOTES**

### **February 27, 2009**

#### **I. EXECUTIVE COORDINATOR REPORT**

**Susan reviewed the plan to have an ad hoc committee of community leaders appointed by the ATCMHMR Board of Trustees make recommendations about the future structure and/or functions of the MMHTFMC. She will prepare a document that describes how the criteria in the original Task Force Report have been translated into the five focus areas, and activities of the MMHTFMC over the past four years.**

**She also provided an update on the Financial Modeling project for Permanent Supportive Housing. Data development has begun and the project is coming along nicely.**

**She provided an overview of the panel presentation at the Central Texas African American Family Support Conference of which the MMHTFMC was highlighted.**

**Susan also related some conversations that have been taking place between ATCMHMR, David Hughes from HSRI and herself regarding an application for federal funding to support Re-Entry efforts. She will provide an update at the next meeting.**

**The Fourth Annual Report will be presented to the ATCMHMR Board of Trustees on March 26<sup>th</sup> and to the full City Council on April 23<sup>rd</sup>.**

#### **II. LEGISLATIVE UPDATE**

**Iliana Gilman provided a brief legislative update and will be providing updates electronically throughout the legislative session.**

### **III. AGENCY REPORTS: VETERAN'S ADMINISTRATION**

**Dr. Joan Clayton and colleagues from the Veteran's Administration provided an overview of VA activities related to behavioral health issues. Power point presentation is attached.**

### **IV. SCHEDULING**

**The next meeting of the MMHTFMC will be held on March 27, 2009 from 12-1:30 in the large training room at ATCMHMR. Please mark your calendars!**



# Central Texas Veterans Health Care System

Honoring America's Veterans by  
providing exceptional health care that  
improves their health and well-being.



# CTVHCS



## **Mission:**

Honor America's Veterans by providing exceptional health care that improves their health and well-being.

## **Vision:**

To be a patient-centered integrated health care organization for veterans providing excellent health care, research, and education; an organization where people choose to work; an active community partner; and a back-up for National emergencies.



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# Central Texas Veterans Health Care System



Austin



Temple



Waco



Brownwood



Cedar Park



College Station



Palestine



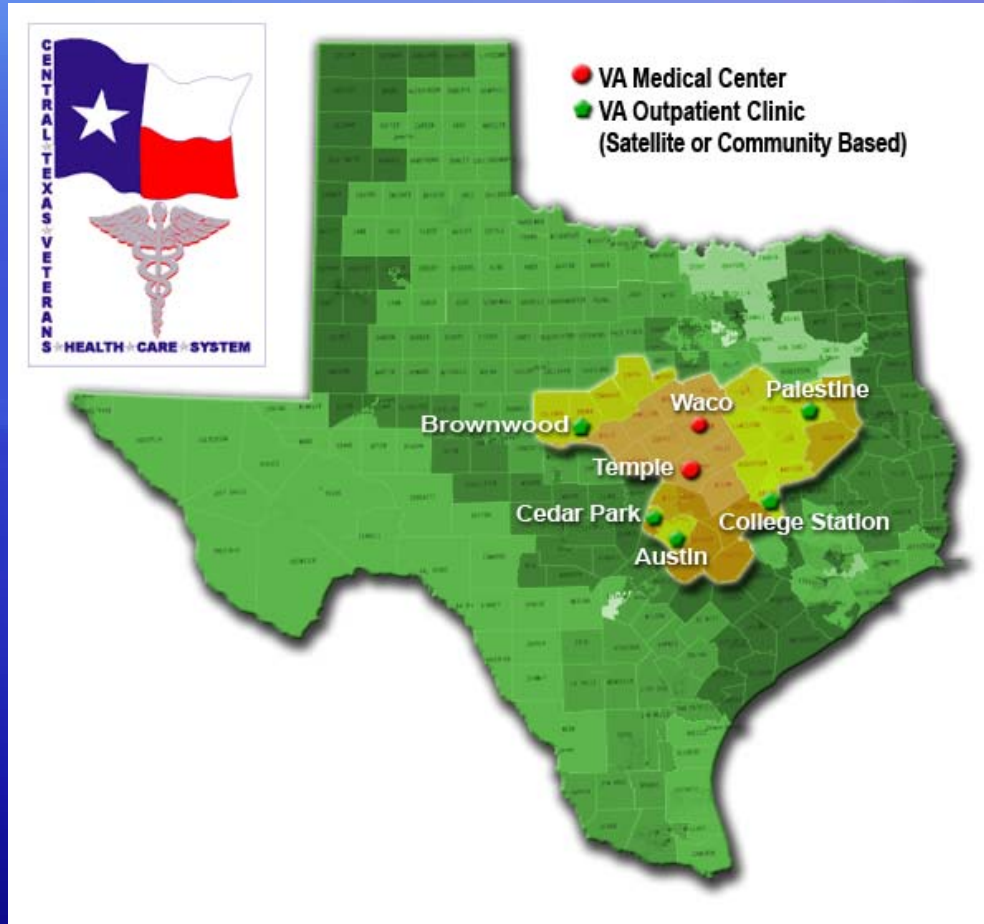
*VISN 17 . . . Setting the Standard for Veterans' Health Care in America*



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# CTVHCS: Area of Responsibility



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# CTVHCS Quick Facts



## Two hospitals:

Temple: Olin E. Teague

Waco: Hospital

## One stand alone clinic:

Austin

## Four Community Based Outpatient Clinics:

Brownwood

Cedar Park

College Station

Palestine

**NEW:** La Grange Rural  
Outreach Clinic -- March 09

## Two Community Living Centers (long-term care):

Temple and Waco

**Domiciliary:** Temple

## Blind Rehabilitation Unit:

Waco

## Two Mental Health Rehab Programs in Waco:

PTSD

SMILE

**Center of Excellence for  
Mental Health:** Waco



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# More Quick Facts

- **Population: 238,349 Veterans in Central Texas markets**
- **Covers 35,243 square miles**
- **Eight Congressional Districts in 39 counties**
  - 5th -- Jeb Hensarling (Palestine CBOC)
  - 6th -- Joe Barton ( No VA facilities but includes his district)
  - 10th -- Michael McCaul (parts of Austin)
  - 11th -- Michael Conaway (Brownwood CBOC)
  - 17th -- Chet Edwards (Bryan/College Station and Waco)
  - 21th -- Lamar Smith (parts of Austin)
  - 25th -- Lloyd Doggett (Austin OPC)
  - 31st -- John Carter (Marlin Temple Cedar Park)



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# Workload FY2008



89,703 Veterans enrolled

871,881 outpatient visits

7,994 inpatient discharges

Community Living Centers  
(long-term care) - ADC 170.3

Domiciliary - ADC 345.0



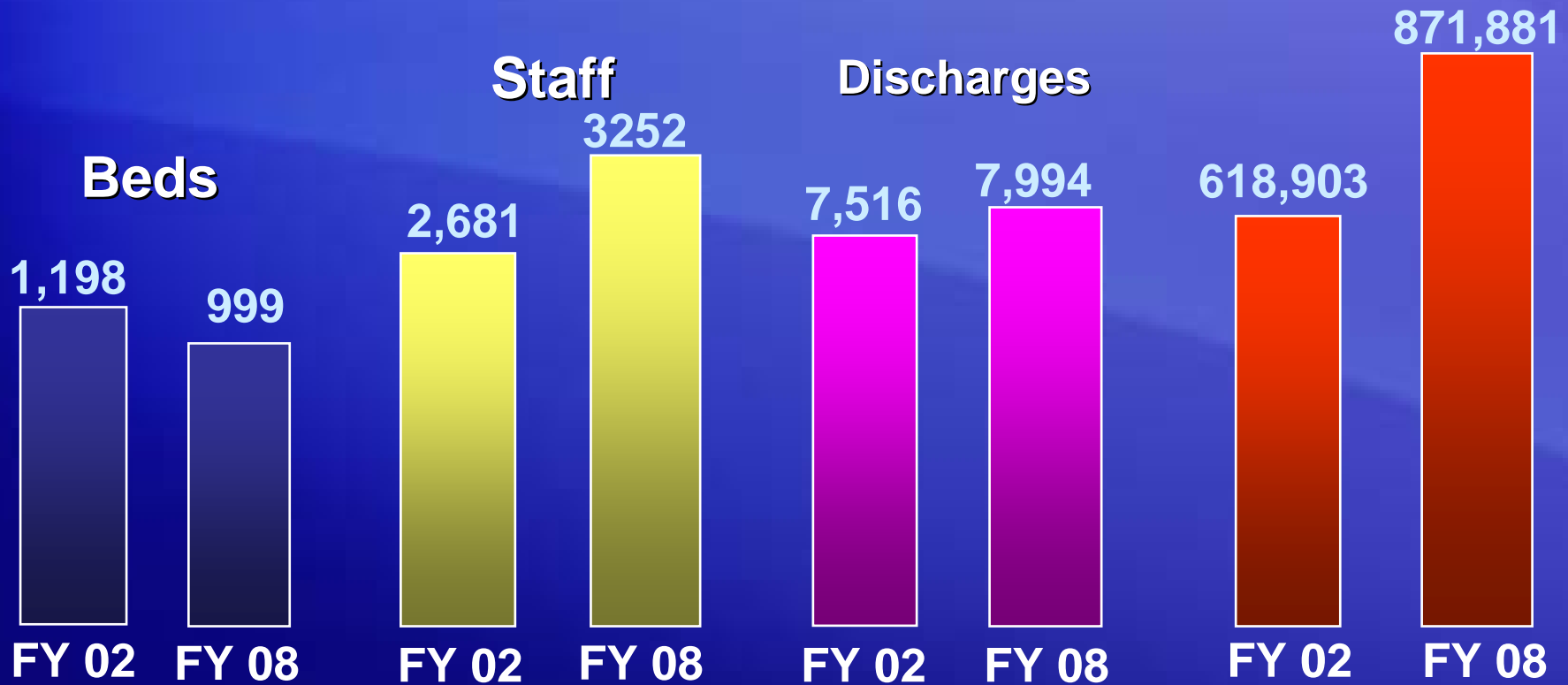
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# CTVHCS – Quick Snapshot



## Outpatient Visits



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# Staffing



## **3,252 Employees** (3,164 full-time and 88 Part-Time)

- 189 Full-time physicians; 26 Part-time physicians
- 15 Dentists
- 2 Dental Residents
- 26 Physician Assistants
- 501 Registered Nurses
- 200 Licensed Vocational Nurses
- 7 Nurse Anesthetists
- 29 Nurse Practitioners

## **859 Total Volunteers**

**1,275 Clinical Trainees** (over 600 are nursing students)



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# Strategic Outlook

- Revitalization of the Waco campus through construction projects.
- Construction of a new Austin Outpatient Clinic.
- Mobile 3T MRI at the Waco Center of Excellence.
- Proposed relocation of the Cedar Park CBOC to Round Rock.
- Growing VA/DoD Partnerships.
- Application for a Rural Health Care Initiative grant approved for La Grange Rural Outreach Clinic



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# Austin VA Outpatient Clinic



- Number of Unique Visits for FY 08
- Number of Veterans receiving services in all departments including primary care and mental health = **20,998**
- Number of Veterans of the 20,998 having at least one mental health visit = **5046**



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# Austin Outpatient Mental Health Programs



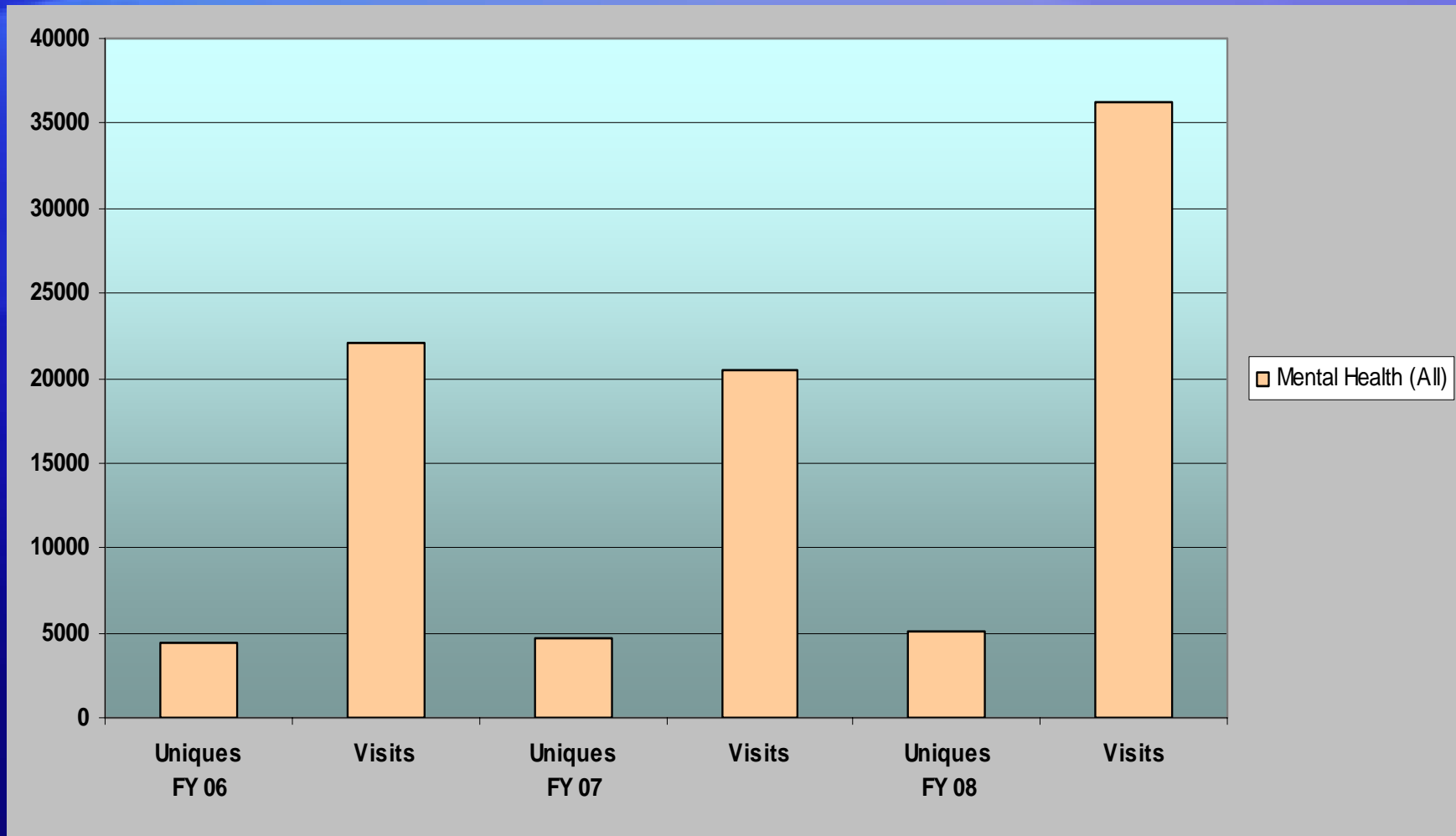
	FY 06		FY 07		FY 08	
	Uniques	Visits	Uniques	Visits	Uniques	Visits
Mental Health (All)	4,431	22,043	4,622	20,459	5,046	36,212
Homeless	676	2,305	647	2,039	727	3,448
Mental Health	3,757	12,713	3,869	11,982	4,479	19,553
PTSD	759	4,012	851	3,126	1,203	6,370
Substance Abuse	378	2,957	440	2,996	692	5,961
Vocational Rehab	40	56	212	316	114	256



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# Austin Outpatient Mental Health Visits



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# Austin Outpatient Top Ten Diagnoses for FY2008



	<b>FY08 Unique Patients</b>	<b>FY08 Encounters</b>
(309.81) Posttraumatic Stress Dis	1,248	6,876
(311.) Depressive Disorder Nec	1,136	2,817
(300.00) Anxiety State Nos	559	1,400
(296.30) Recurr Depr Disorder-unsp	316	986
(296.7) Bipolar I Current Nos	293	753
(305.1) Tobacco Use Disorder	197	280
(303.90) Alcoh Dep Nec/Nos-unspec	195	496
(296.32) Recurr Depr Disorder-mod	143	190
(309.0) Adjustmnt Dis W Depressn	141	191
(303.93) Alcoh Dep Nec/Nos-remiss	139	1,154



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# Austin Outpatient Other Diagnoses for FY2008



(293.83) Mood Disorder Other Dis	136	301
(296.80) Bipolar Disorder Nos	132	305
(309.28) Adjust Dis W Anxiety/Dep	118	186
(296.20) Depress Disorder-unspec	112	292
(294.8) Mental Disor Nec Oth Dis	104	165



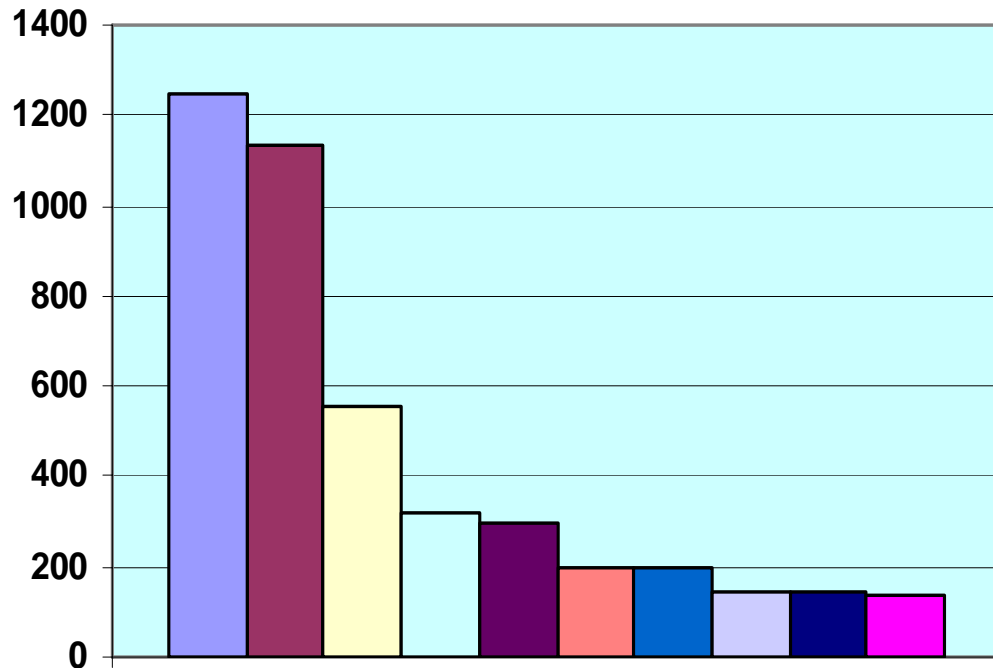
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# Austin Outpatient Top Ten Uniques for FY 2008



TOP TEN UNIQUES FY 08



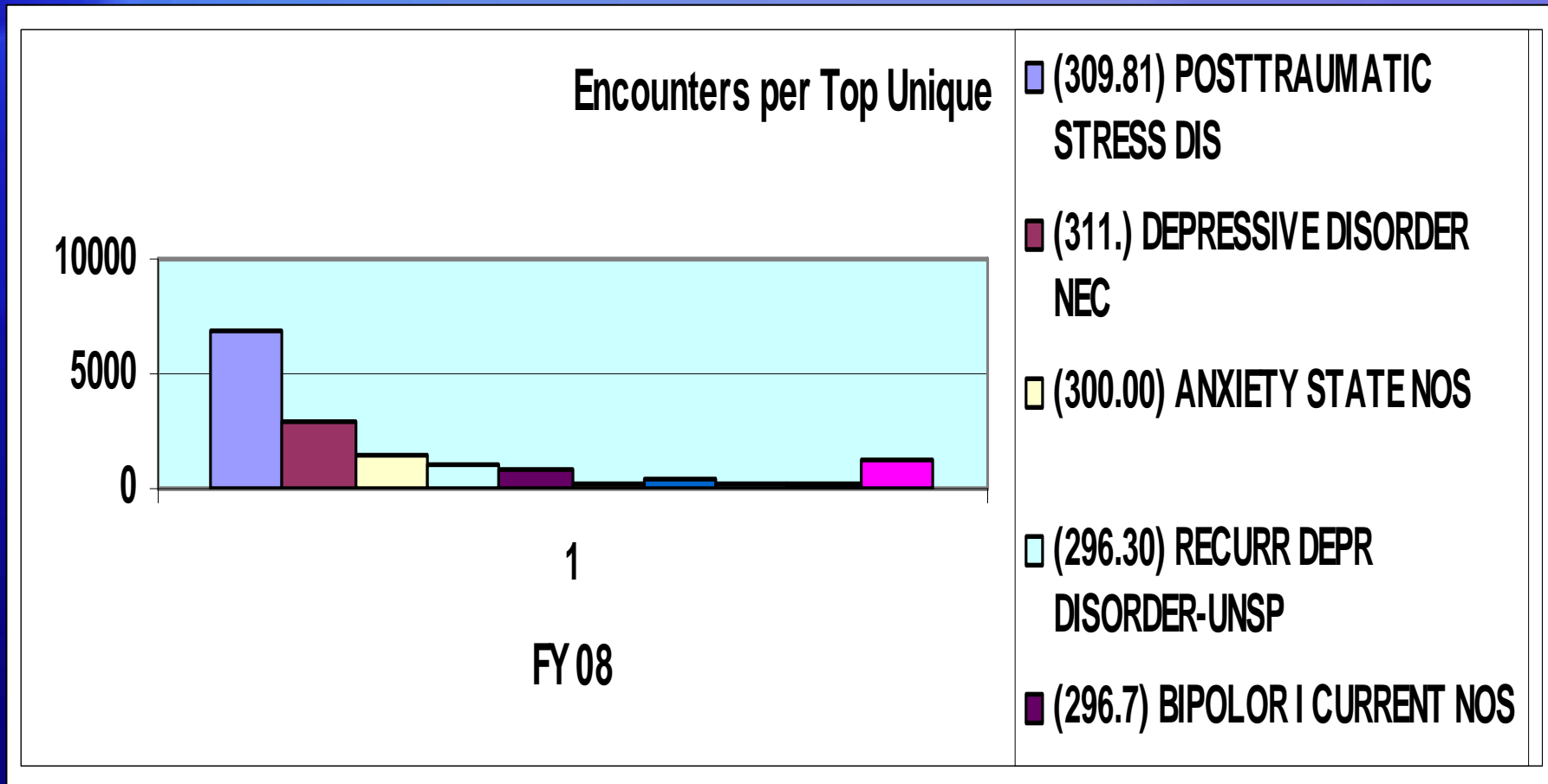
- (309.81) POSTTRAUMATIC STRESS DIS
- (311.) DEPRESSIVE DISORDER NEC
- (300.00) ANXIETY STATE NOS
- (296.30) RECURR DEPR DISORDER-UNSP
- (296.7) BIPOLOR I CURRENT NOS
- (305.1) TOBACCO USE DISORDER
- (303.90) ALCOH DEP NEC/NOS-UNSPEC
- (296.32) RECURR DEPR



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# Austin Outpatient Encounters per Top Uniques for FY 2008



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# Austin Outpatient Mental Health by Gender and Age - FY 2008



Age	Female	Male	Total by Age	% Total
<25	30	112	142	2.9%
25-34	103	488	591	12.1%
35-44	117	504	621	12.7%
45-54	201	946	1147	23.5%
55-64	95	1,630	1725	35.3%
65-74	10	353	363	7.4%
75-84	2	238	240	4.9%
85+	2	60	62	1.3%
	<b>11%</b>	<b>89%</b>		



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# Operation Enduring Freedom (OEF) (Afghanistan) and Operation Iraqi Freedom (OIF)



**As of February 17, 2009, CTVHCS has enrolled 13,420 OEF OIF Veterans.**



**In June 13, 2008, CTVHCS celebrated a milestone by enrolling the 10,000<sup>th</sup> OEF OIF Veteran**

**Varonica – Veteran #10,000**

**CTVHCS collaborates with Fort Hood, the largest military base in the world with the biggest troop commitment to OEF/OIF. CTVHCS provides transitional medical services and conducts PTSD and TBI research -- the signature illnesses of this conflict.**



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# Dept of Defense (DoD) Fact Sheet



**As of October 31, 2008, Deployments since 2001 to Afghanistan, Iraq, surrounding nations, and at sea.**

- Cumulative Number Ever Deployed =  
**1,828,624**
- Current Number Now Deployed =  
**269,139**
- Number Deployed Twice or More =  
**717,688**



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# RAND Study (4/17/2008)



**Estimated Number of Veterans from  
Iraq and Afghanistan Wars with  
Posttraumatic Stress Disorder:**

**338,00 (18.5% of 1.8 million)**



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# The End



## Questions?



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